

Webinar Invitation

# RETURN TO FOOD

Unlock Your Body's  
Natural Balance by  
Breaking Free from  
Sugar & Food Cravings

Brought to you by



**SHERRY STRONG**

*food philosopher  
chef/nutritionist/  
author*

## Who Should Attend:

- Shiatsu practitioners who want to deepen their understanding of nutrition to support their clients holistically.
- Holistic health advocates interested in understanding how to balance energy through natural eating.
- Anyone in the wellness community looking to reduce their own dependency on sugar & junk food and support their clients in doing the same.

A Holistic Approach to Ending Sugar & Junk food Dependency  
for Greater Vitality and Health"

**November 16, 9AM PST**

**[CLICK HERE RESERVE YOUR SPOT HERE](#)**

## BONUS FOR ATTENDEES:

**🎁 EXCLUSIVE GUIDE: "NOURISHING FOODS FOR BALANCED ENERGY: A GUIDE FOR SHIATSU PRACTITIONERS" – GET THIS SPECIAL GUIDE WHEN YOU ATTEND THE WEBINAR!**